

Buchan Riding Club Clinic with Pauline Kidd
Waulkmill Show Centre, Ellon – Saturday 27th February 2010

Pauline Kidd is a Certified Rolfer, Reiki Master and Equine Sportsmassage Therapist who specialises in improving your performance in the saddle. Fantastic results have been seen after short sessions with Pauline working with the horse and rider to get both moving with freedom and performing better – whatever your level of ability. Pauline is offering two types of sessions to Buchan members:

Positional sessions - ridden movement training

Pauline will work on groups of 3 (45min) or 4 (1 hr), using tailored, hands-on work in the saddle. These sessions are great for seeing results fast and aim to realign your position and get you back in shape for the forthcoming spring/summer season. Cost is £17 each.

Therapeutic grooming techniques session

You can improve your horse's way of going! Bond with your horse whilst learning some basic massage techniques. Great opportunity to practise hands on and give your horse a real treat. This unmounted group session is also suitable for older horses or those not ridden anymore. Cost £18 (1.5 hours)

SPACES FOR THIS CLINIC WILL BE LIMITED SO PLEASE GET YOUR FORM IN EARLY TO AVOID DISSAPOINTMENT. MEMBERS WILL BE GIVEN PRIORITY & A WAIT LIST WILL BE KEPT.

- Please state if you would like to combine both of the sessions - I will do my best to keep everyone happy.
- Please make cheques payable to Buchan Riding Club-payment must be sent with booking form.
- Booking forms to be received Saturday the 20th February at the very latest.
- Cancellations on or after this date where there is nobody to take your place forfeits your fee.
- If spaces permit, non-members are welcome at a fee of £20 per session.
- Please send booking forms to:

Emma Cheyne, Muiryfold, Oldmeldrum, Aberdeenshire, AB51 0BP

Pauline Kidd Clinic – 27th February, Waulkmill			
	Rider Name	Address & Tel. Number	Level of training (please circle)
Postural Session			Leisure/fun rider Dressage Queen Jumps regularly
Grooming Techniques Session			N/A
Total enclosed			£

I understand there will be no first aid at this event (signature): _____